

Beauty Banner Project

With movement, things change. Bodies expand and contract, fashion lengthens and shortens, homes transition. But the meaning of things gifted or purchased into which we wrap ourselves remains. It is often hard to let go of the reminder of a person or a time or a way of being in the world even if an old shirt, dress, sheet, or fabric scrap can no longer function in its intended form. We invite you to join us in recycling beloved textiles into banners that will be used in our Inner Beauty Service Station. We honor their outer beauty & their power to remind us of all that is beautiful on the inside.

Instructions:

1. Choose a cloth that is meaningful & beautiful to you in some way: beloved clothing; old sheets; a dress you found in a thrift store; a scrap of something from your travels in this world.
2. Measure & cut your cloth. Working pieces will be 8.5" wide:



and 10" tall:



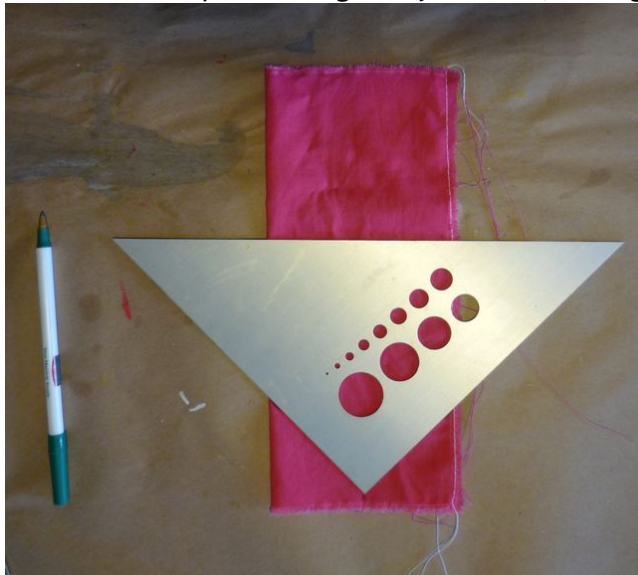
3. fold your cloth in half length-wise, with the back side of the fabric facing outward:



4. sew a line along the non-folded edge of the cloth:



5. using a right-angle template (which could also just be a piece of cardboard with a straight corner), mark the sides and top of a triangle on your cloth, leaving about ¼” margin at the top:



6. sew lines connecting the sides of your triangle:



7. using scissors, snip off the corners :



8. turn your finished banner piece inside-out:



9. Eventually, these will be sewn together onto a backing cloth, in this kind of pattern:



10. ... to make a banner something like this one, from a Himalayan Buddhist temple in Bodh Gaya, India:



Thank you for your help! Please contact us at 108namesofnow@gmail.com to arrange pick-up or mailing of your finished banner pieces, which will be assembled for the Inner Beauty Service Station Project. May all beings everywhere be well, resting in the beauty of their own good hearts!